



Home Country Association affiliated to British Gymnastics and representing the Regions of:
East, East Midlands, London, North of England, North West, South, South East, South West,
West Midlands, Yorkshire and the English Schools

Affiliated to: The Commonwealth Gymnastics Confederation and The Commonwealth Games Council for England

www.englishgymnastics.org.uk

ENGLISH WOMEN'S BRONZE & SILVER CHAMPIONSHIPS 2015 (Formerly – English Women's Novice & Intermediate Open)

Venue:

New College, Greencoat Road, Leicester, LE3 6RN

Competition Date:

Saturday 7th and Sunday 8th November 2015

Entry Closing Date:

Friday 25th September 2015 (late, incorrect or incomplete Entries will NOT be accepted)

Organisers:

Competition Director – Sue James (Email southeast@british-gymnastics.org)

COMPETITION CRITERIA:

- | | |
|-------------------------|-----------------------------------|
| 1. Bronze Junior: | Aged 9/10 in year of competition |
| 2. Bronze Intermediate: | Aged 11/12 in year of competition |
| 3. Bronze Senior: | Aged 13+ in year of competition |
| 1. Silver Junior: | Aged 10/11 in year of competition |
| 2. Silver Intermediate: | Aged 12/13 in year of competition |
| 3. Silver Senior: | Aged 14+ in year of competition |

- All Sections will be judged using FIG Competition 1 (Cycle 13 – 2013) Rules. (Except where stated on the attached Rules, as updated March 2014)
- Competing Gymnasts will qualify for awards, as long as they hold a valid British Passport, are resident in the UK, are members of an **ENGLISH** British Gymnastics registered Club, are Current members of British Gymnastics and are eligible to compete for Great Britain under FIG Rules.
- **Gymnasts CANNOT enter these Competitions if they have competed at British or English Senior, Junior or Espoir Championships level or have represented their country at any level or in Age Compulsory Level 3, 2 or 1 in the previous TWO years, or who have attained the qualifying score to enter the British Artistic Championships in 2016.**
- All competing Gymnasts and Coaches **MUST** be Current Members of British Gymnastics.

ENTRY FEES:

Fees for 2015 have been set at £25 per Gymnast and are **NON-REFUNDABLE**. Please send Entries to:

English Gymnastics, Mottram House, 1 Lower Road, Milton Malsor, Northampton NN7 3AW

Email: kevin.flynn44@btinternet.com

Tel: 07895 147760

Cheques should be made payable to **The English Gymnastics Association**.

Entries Forms can be downloaded from the English Gymnastics Website at www.englishgymnastics.org.uk.

NUMBER OF ENTRANTS:

The number of Entrants for each **LEVEL** (not Age Group) is restricted to 90 Gymnasts. Entries will be accepted strictly on a 'first come, first served' basis.

COACHES:

- One (1) Coach per Gymnast from two (2) nominated will be permitted on to the Competition area at any one time.
- **All Coaches should be qualified to the Level of the participant's performance (ie hold a Current Award appropriate to the skills being performed by the Gymnast). The Coach also has a duty to ensure that the participant is adequately prepared for the event.**
- All Coaches **MUST** be current Full Members of British Gymnastics.

ORDER OF ROTATION:

The Draw will be included with your Competition Programme, which will be sent to you in advance. Where possible, we will endeavour to keep Gymnasts from the same Club together. We reserve the right to change the Order of Rotation and/or timing as may be necessary.

AWARDS, PRIZES & PRESENTATIONS:

- The Overall Bronze and Silver, Junior, Intermediate & Senior Champions will be awarded salvers along with an AA Gold Medal.
- Apparatus Winners, within each Section / Piece, will be determined by the AA scores. Medals will be awarded for 1st to 3rd.

SPECIAL NOTE FOR VAULT:

Both Bronze and Silver levels will be able to do 2 Vaults from the same group. Highest score to count.

PROTESTS:

Protests are permitted and should be handed to the Competition Director (Sue James) along with a £15 Protest Fee. Protests will be accepted within ONE rotation of the performance being questioned (ie if you are protesting a Gymnast's performance on the first apparatus, an official application must be received before the Gymnast rotates to their 3rd piece). The Fee will be returned if the Protest is successful or retained if the Protest is denied.

EQUIPMENT:

- In accordance with the current FIG Rules, Bars may be raised in order to cater for taller Gymnasts. Please indicate on the Entry Form if this will be required for any of your Gymnasts.
- Spring Boards – Super and Sprung boards will be provided. Gymnasts will not be permitted to bring their own spring boards.

VERY IMPORTANT NOTES – PLEASE READ!

1. Please endeavour to have your Gymnasts registered at the time stated.
2. Gymnasts are to provide their own chalk.
3. Numbers for Gymnasts will be provided at registration.
4. If you have any withdrawals – please email these (up to 48 hours before the event starts) to the Competition Director, Sue James (Email: southeast@british-gymnastics.org) or contact her by phone on Mobile 07595 902240.
5. Spectator Tickets can be purchased on the door and are priced at £10.00 for adults and £7.00 for under 15s/Seniors. Payment by cash or Debit Card. (Cheques payable to the English Gymnastics Association).

6. Please ensure you bring a backup CD to the event, which should be clearly labelled with the Gymnast's Number, Name and Club (**on CDs ONLY**). Please hand the CD in at registration and ensure that the Gymnast's Number is shown to the Announcer prior to commencing the Floor Routine
7. If a Gymnast fails to compete on any piece, please inform the Judges in order that a zero score can be entered.
8. The British Gymnastics Jewellery Policy will be enforced for both Gymnasts and Coaches throughout the event.